

Emergency child birth



Dr.Samer Sara

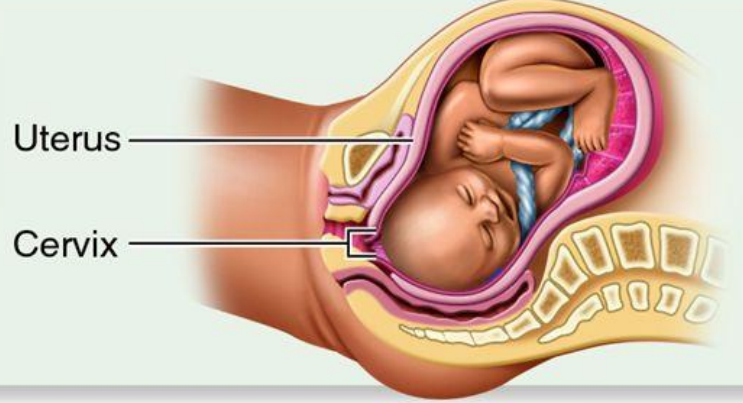
A situation where mother can not reach medical facilities in time and needs to give birth in place.

Warning signs:

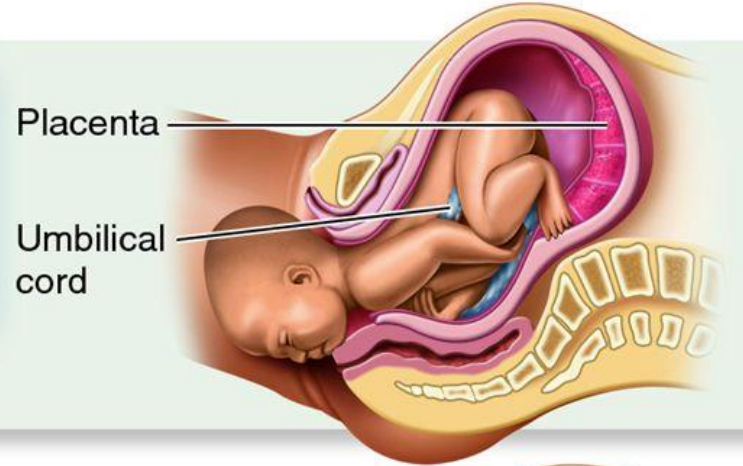
1. The mother says, “the baby is coming,”
2. The baby’s head is showing.
3. The contractions are less than two minutes apart.
4. Abundant water (amniotic liquid) comes out the vagina.



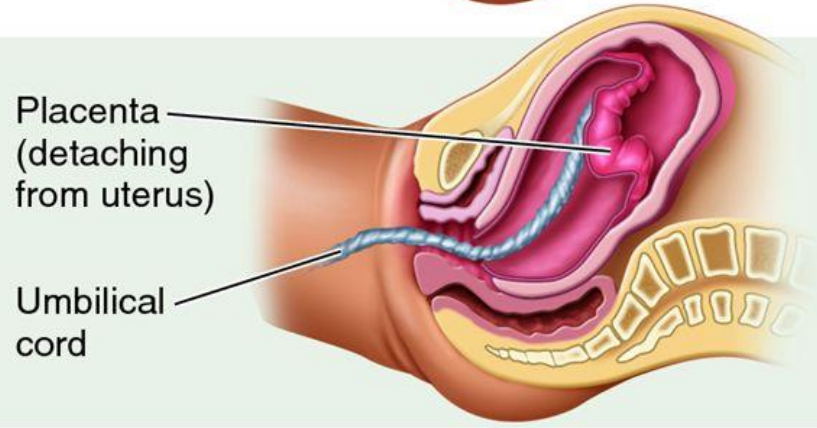
Stage 1:
The cervix relaxes, causing it to dilate and thin out.



Stage 2:
Uterine contractions increase in strength and the infant is delivered.



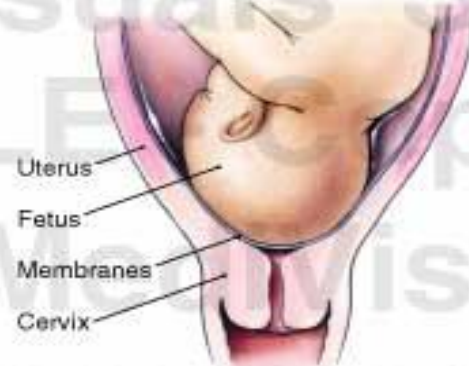
Stage 3:
The placenta is expelled.



Labor

DILATATION (DILATION) AND EFFACEMENT

Before labor, first pregnancy



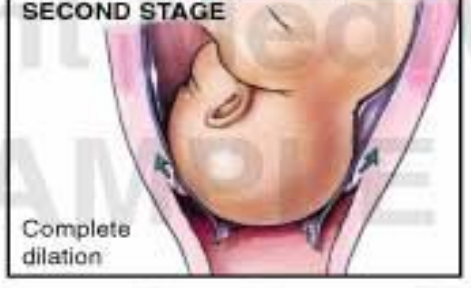
Before labor, subsequent pregnancies



FIRST STAGE



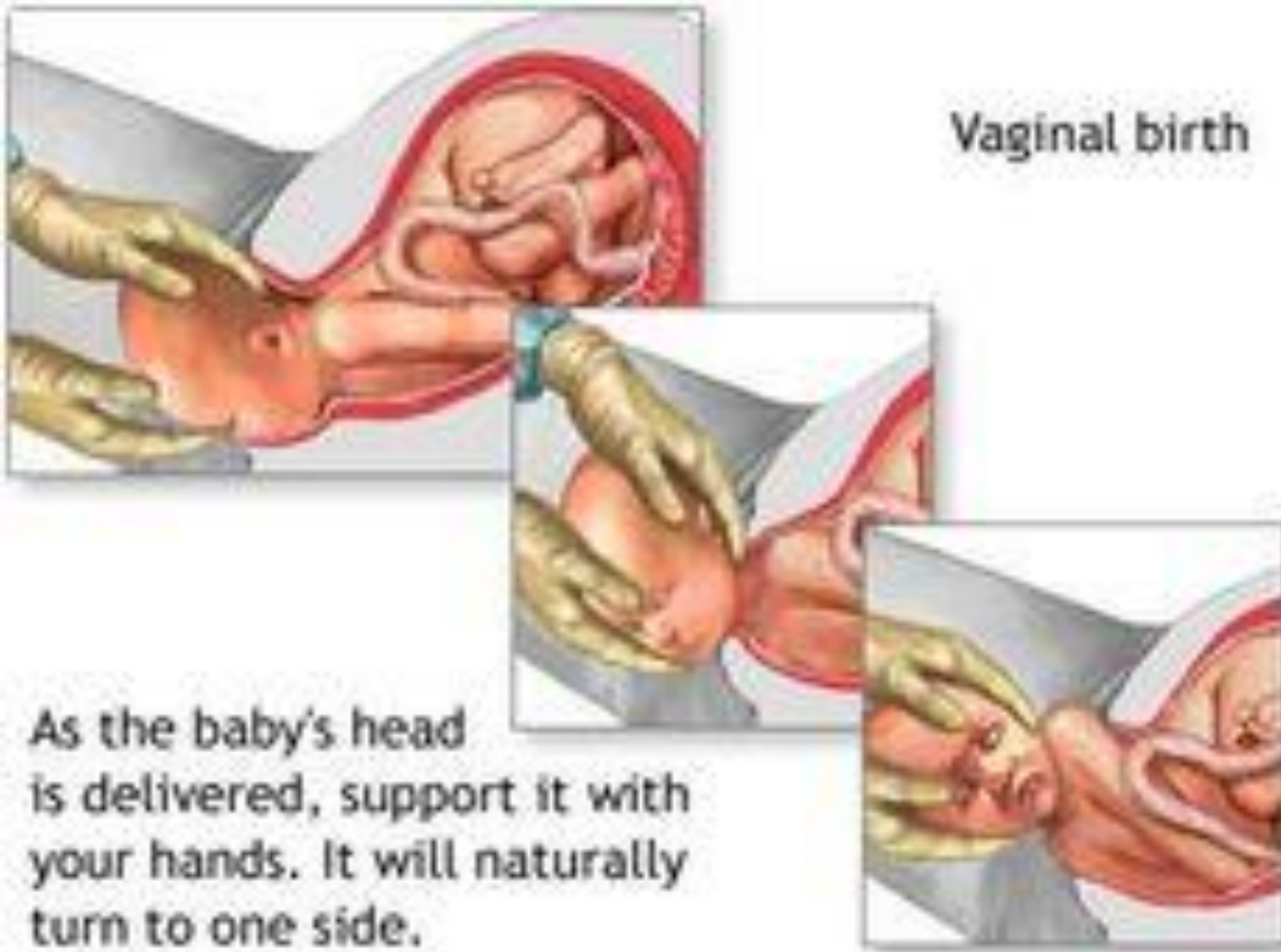
SECOND STAGE



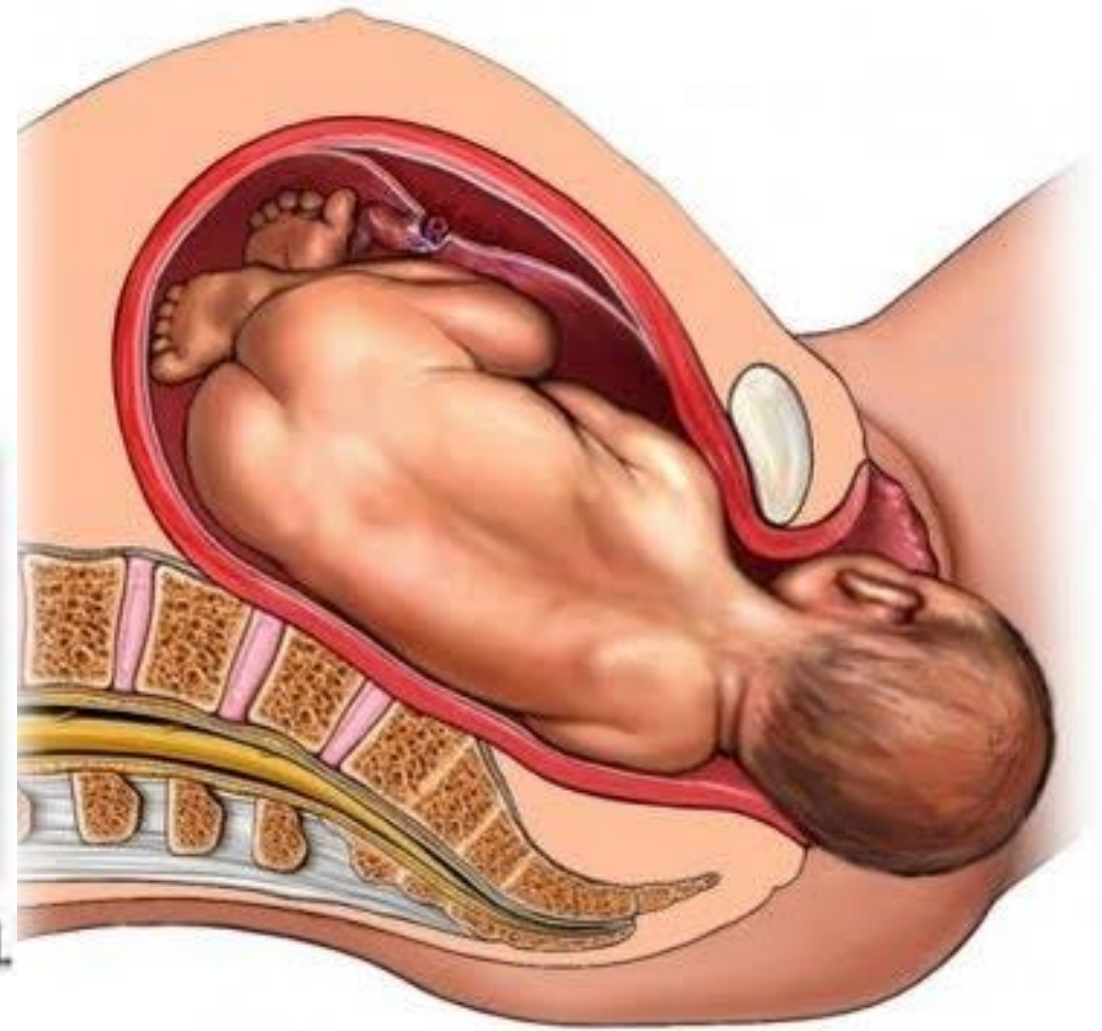
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Exhibit# 699036-01X

Vaginal birth



ADAM



First aid

- Call 110.
- Assure the mother(better to have husband near).
- Make the mother comfortable on her back.
- Remove any unnecessary clothing but keep her covered to protect her privacy.
- Put some clean towels under her.
- Ask the mother to push during contractions and rest between them.
- support the baby as it comes out.
- Hold the head as it is heavy compared to the rest of the body.
- Once you can see baby's throat make sure the umbilical cord is not wrapped around it. If so, use your finger to loosen it and pass it over the head.



First aid

- ❑ When the baby comes out **wrap it in a clean towel**.
- ❑ Clean its **mouth and nose**.
- ❑ If it is not breathing **massage its back and tickle its feet** to stimulate breathing.
- ❑ If it is still not breathing begin **rescue breathing** and CPR.
- ❑ Never hold the baby upside down and slap it.
- ❑ If the baby is fine give it to the mother to hold.



The umbilical cord

- ❑ The other end of the umbilical cord will be attached to the placenta which is still inside the mother.
- ❑ **Do not pull**, it will come out on its own in a few minutes in another set of contractions.
- ❑ **Do not cut the cord**. Simply wrap the placenta in a towel and keep it with the baby.
- ❑ Never put the **placenta lower than the baby** as blood may drain from the baby back into the placenta.
- ❑ You may tie something around the umbilical cord a few centimeters away from the baby and from the placenta. But do not cut it.



Baby comes out feet first

- Instruct the mother not to push.
- Do not try to push the baby back in.
- Simply support it any way it comes out.

